

## **Post Procedural Care**

#### EYELINER

Brew a very strong cup of CAFFEINATED tea and chill well. Apply cotton pads/gauze pads soaked in the cold tea to the eyes or use ice packs (15 minutes on/ 15 minutes off) to minimize swelling the day of and the day after the procedure. You must use NEW mascara to avoid contamination. Sleep with head slightly elevated. Keep area moist with a very light layer of Aquaphor (MORE IS NOT BETTER!) Clean fingers are a must before touching eyes; try not to use q-tips. Wash around the eye area trying not to get the eye wet. Pat dry if you do. NO hot steamy showers, NO sauna, NO swimming for at least 7 days. Avoid the direct shower pressure on the eyes. No eye makeup for at least 72 hours, including an eyelash curler. DO NOT RUB OR PICK THE TREATED AREA. Scratch above or below if you must.

### EYEBROWS

Expect slight swelling, thickness and/or redness for 1-2 days following the procedure. Keep lightly glossed with Aquaphor or A&D ointment for 3-4 days. DO NOT PICK, PEEL, OR SCRATCH THE TREATED AREA. You may apply makeup 10 days post opt if you need to fill in some areas.

#### LIPLINER/LIPCOLOR

Expect moderate swelling, usually 1-2 days following the procedure. Applying ICE for the first 24 hours is most important. Keep moist with A&D ointment or Aquaphor, then switch to Chapstick or lipstick with SPF of 15 or greater, as the sun tends to fade lip color quickly. After the procedure the lips may appear to have too much color. You may add makeup to soften the color. After the procedure the lips may appear to have healed completely, the dermal layer will gradually become darker. Two or three applications may be required to achieve the desired results. It is not uncommon to lose up to 70% of the color on the first application. Avoid salty, spicy foods and toothpaste on the lips for 5 days or until exfoliation ends. If using antiviral medication, continue as prescribed by your doctor.

#### SCAR CAMOUFLAGE

Keep area away from water for 24 hours. Keep moist with A&D ointment or Aquaphor for 3 to 5 days. No vigorous exercise for 24 hours as it can raise your blood pressure and cause more swelling.

#### REMEMBER

DO NOT scrub, rub, pick, peel, or scratch treated area! DO NOT use any Retin-A or Glycolic Acids while healing! DO NOT use Peroxide or Neosporin on ANY areas! DO NOT expose area to sun or tanning beds because your color will fade more quickly or change! DO NOT get facials, swim, or get into a hot tub for at least 5 days! DO NOT dye, wax, or tweeze eyebrows one week before and after procedure! Smoking will fade lip color! We cannot guarantee color retention for any length of time.

# FAILURE TO FOLLOW POST-PROCEDURE INSTRUCTIONS MAY RESULT IN LOSS OR DISCOLORATION OF PIGMENT

THE KNOWN POSSIBLE COMPLICATIONS FROM MICROPIGMENTATION ARE: redness; swelling; puffiness; bruising; dry patches; tenderness. It is normal to lose approximately 1/3 of color during the healing process. After the initial procedure the color may be a shade too dark and in 6 days it will appear too light but after 10 days the color will show more, appearing softer when completely healed. This happens because the color will come from the dermal layer of the skin to the epidermal layer of skin. Please do not hesitate to call if you have any questions. (917) 587-4415 484)883-6827 24hrs.